

UN  STUCK

When the hardest battles
are within, God helps us *break free*

Welcome to Heritage...

UNSTUCK - When the hardest battles are within, God helps us *break free*

We all face moments where something inside us quietly tightens its grip—leaving us feeling stuck, distant, or disconnected from God and from one another. Fear and anxiety, depression, anger, shame and guilt, hidden struggles, addiction, loneliness—these internal battles often shape our lives more than we realize. They can drain our joy, cloud our hope, and keep us living smaller than God intends.

In this series, **Unstuck**, we'll take an honest look at the inner struggles that hold us back and explore how God meets us in those places. Through Scripture, real-life stories, and practical steps of obedience, we'll discover how God's wisdom brings freedom, healing, and renewed direction. This isn't about pretending everything is fine—it's about learning how to move forward when it isn't.

As we step into a new year, **Unstuck** invites us to loosen the grip of what's been holding us back and step into a deeper, healthier relationship with God and others—marked by freedom, hope, and lasting joy.

Prayer @ HAC

We have a dedicated team of people who are ready and willing to pray with you after the service today.

We consider it a privilege to gather together and bring our gratitude and our requests before the Lord in prayer.

Baptism Opportunity

Do you have questions about baptism? Are you ready to take the next steps in baptism?

We will be having our next baptism service on **May 24th**.

Reach out to us via email; office@heritagealliance.ca

Kidz + Youth

Moms & Tots

Meeting Tuesday mornings from 9-11 on lower level

Kids Club - Grades 1-5

Wednesday Evenings from 6:30-8:00pm

Email: heather@heritagealliance.ca

Upcoming Youth Events:

April 22 - Jr Youth @ Heritage 6:30pm

April 24 - Sr Youth @ Heritage 7pm

For more info on youth, email; reece@heritagealliance.ca

Young Adults:

Contact Pastor Shawn for details; shawn@heritagealliance.ca

Right Now Media

Did you know that through HAC you've got access to a gigantic digital library full of discipleship resources for kids, youth and adults?

If you'd like to get connected to this resource, please email our office!

Service Opportunities

If you're looking for a way to plug in and serve here at Heritage, we'd be happy to help you find an area that's a good fit for you!

Chat with a staff member, or reach out to our offices for more details!
office@heritagealliance.ca

Office Info

Our regular office hours are as follows;

Tuesday, Wednesday, Thursday
9:00am - 4:00pm

Phone: 604-607-5031
Email: office@heritagealliance.ca

Bridal Shower

Ladies...we are looking forward to gathering together to celebrate the bride-to-be, Julianne Hubert!

Please join us on **Friday, April 24** at 7pm for this celebration.

See poster on bulletin board in Lobby for Gift Card Ideas

Upcoming Events

MONDAY EVENINGS

Ladies Craft & Chat
7pm @ the fireside

TUESDAY MORNINGS

Moms & Tots 9am
Ladies Bible Study 9am

WEDNESDAYS

Prayer Zoom @ 4pm
contact Pastor Caroline for more details

APRIL 30

PrimeTimers 55+
Worship & Lunch @ 11:30am

MAY 1-3

Kidz Club Annual
Camp-Out @ Kawkawa

MAY 2

Men's Breakfast
@ Ricky's Restaurant 8am

MAY 3

BackStage Pass
Register Online for childcare

MAY 10

Mother's Day!

MAY 18

Victoria Day

MAY 23

Annual Grand Prix Race Day!
Car kits available soon (\$10)
All ages welcome to race!

