

UN  STUCK

When the hardest battles
are within, God helps us *break free*

Welcome to Heritage...

UNSTUCK - When the hardest battles are within, God helps us *break free*

We all face moments where something inside us quietly tightens its grip—leaving us feeling stuck, distant, or disconnected from God and from one another. Fear and anxiety, depression, anger, shame and guilt, hidden struggles, addiction, loneliness—these internal battles often shape our lives more than we realize. They can drain our joy, cloud our hope, and keep us living smaller than God intends.

In this series, **Unstuck**, we'll take an honest look at the inner struggles that hold us back and explore how God meets us in those places. Through Scripture, real-life stories, and practical steps of obedience, we'll discover how God's wisdom brings freedom, healing, and renewed direction. This isn't about pretending everything is fine—it's about learning how to move forward when it isn't.

As we step into a new year, **Unstuck** invites us to loosen the grip of what's been holding us back and step into a deeper, healthier relationship with God and others—marked by freedom, hope, and lasting joy.

BackStage Pass

Our next Backstage Pass is
TONIGHT @ 6pm.
Everyone's Welcome!

We meet in the community room on the lower level.

Light Refreshments will be available.

Baptism Opportunity

Do you have questions about baptism? Are you ready to take the next steps in baptism?

We will be having our next baptism service on **May 24th.**

Reach out to us via email; office@heritagealliance.ca

Kidz + Youth

Moms & Tots

Meeting Tuesday mornings from 9-11 on lower level

Kids Club - Grades 1-5

Wednesday Evenings from 6:30-8:00pm
Email: heather@heritagealliance.ca

Upcoming Youth Events:

May 6 - Jr Youth @ Heritage 6:30pm

May 8 - Sr Youth @ Heritage 7pm

For more info on youth, email; reece@heritagealliance.ca

Young Adults:

Contact Pastor Shawn for details; shawn@heritagealliance.ca

Upcoming Events

MONDAY EVENINGS

Ladies Craft & Chat
7pm @ the fireside

TUESDAY MORNINGS

Moms & Tots 9am
Ladies Bible Study 9am

WEDNESDAYS

Prayer Zoom @ 4pm
contact Pastor Caroline for more details

MAY 3

Communion Sunday
BackStage Pass @ 6pm

MAY 10

Mother's Day!

MAY 18

Victoria Day

Office Info

Our regular office hours are as follows;
Tuesday, Wednesday, Thursday
9:00am - 4:00pm

Phone: 604-607-5031
Email: office@heritagealliance.ca



Grand Prix 2026

It's almost time for the annual race!
SATURDAY, MAY 23, 12-4PM

Our Grand Prix is a wonderful event that welcomes all ages for racing and/or spectating!

Car Kits are available for \$10 at the children's check in desk

Spring Campaign

In an ongoing pursuit in partnership with InAsMuch Society, we are running a Spring Campaign for the months of May, June & July.

See the bulletin board in the lobby for lists of needed items for the Men's & Women's Group Homes.

Jan-Apr 2026 Financials

	April Actual	April Budget	Year-To-Date Actual	Year-To-Date Budget
General Fund Giving	\$ 27,349	\$ 47,250	\$ 138,987	\$ 164,500
Mission Fund Giving	\$ 5,365	\$ 4,150	\$ 14,385	\$ 16,600
Care Fund Giving	\$ 1,198	\$ 1,666	\$ 4,968	\$ 6,664
Building Fund Giving	\$ 790	\$ 1,200	\$ 4,150	\$ 4,400

The General Fund Giving Budget is based on recurring expenses for ministries, staffing, facilities and administration. Please contact our office for more info on giving.