

Discernment

The call to follow Jesus

“The Framing of Discernment,
my call to follow”

Heritage Alliance Church
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“Those who come in through me will be saved. They will come and go freely and will find good pastures. The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.”
John 10:9-10

To know the voice of Jesus is essential to following Jesus.

“He calls his own sheep by name and leads them out. After he has gathered his own flock, he walks ahead of them, and they follow him because they know his voice. They won’t follow a stranger; they will run from him because they don’t know his voice. “I am the good shepherd; I know my own sheep, and they know me, just as my Father knows me and I know the Father.... My sheep listen to my voice; I know them, and they follow me.”
John 10:3-5, 14-15, 27

A Self-Directed Life may include belief in Jesus, but is not submitted to Him.

A Spirit Discerning Life is a dedicated to following Jesus, a life protected from the enemy by following His guidance.

Hearing God is easiest when you are already following what you know for sure.

Two side to faith & following Jesus: Certainty & Uncertainty

Framing Decisions – Decisions which create boundaries for other decisions.

Framing decisions will guide you for a season of your life and impact how you live from day to day. They can include; finances, relationships, family, time, hobbies, work, spiritual community, where you live and how you serve in the Kingdom.

“I am the LORD your God, who teaches you what is good for you and leads you along the paths you should follow.”
Isaiah 48:17

Framing Decisions require **intentional and extended time** for discernment.

Suggested practice – Solitude & Silence 1 Kings 19:11-13, Psalm 46:10

- (Make a Plan for distractions – bring pen & paper).
- A period of time beginning with gratitude – Psalm 100:4, 1 Thess 5:18
- Write down your concerns, requests, needs – 1 Peter 5:7, Matthew 6:25-34
- Read Scripture - Psalm 119:105
- Journal – Write down highlights, questions, thoughts, concerns.
- Reflect & Enjoy – Walk, Sit, Observe Creation – Romans 1:20
- Share with others – Invite questions

Reflection Questions: What are some examples of boundaries you have set for how you live life? How did you make these decisions? Have you heard Jesus speak to you? If, yes, how did it impact you? What makes it difficult to hear Jesus speak? What helps you hear Jesus speak? What is something you think you need to take intentional focused time discerning God’s will on?