



# Breathing Hope into Your Relationships: Confession & Reconciliation October 9, 2022 Pastor Shawn Hubert

*"...if we say we have fellowship with God but go on living in spiritual darkness; we are not practicing the truth. <sup>7</sup> But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin."*

1 john 1:5-10, 1 John 2:9-11

## The Truth About Confession

Definition of confession: to admit or acknowledge

The Purpose of confession is Reconciliation: Restoring Relationships

Confession is a visible & verbal expression of repentance.

*"For the kind of sorrow God wants us to experience leads us away from sin and results in salvation. There's no regret for that kind of sorrow. But worldly sorrow, which lacks repentance, results in spiritual death."*

2 Corinthians 7:10

### Confession: Restoring our **Relationship with God**

*"If you openly declare that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For it is by believing in your heart that you are made right with God, and it is by openly declaring your faith that you are saved."* Romans 9:9ff

### Confession: Restoring **Relationships with Others**

*"Go and be reconciled to that person."*

Matthew 5:23-24

*'Any man or woman who wrongs another... (they) must confess the sin they have committed. They must make full restitution for the wrong they have done.'*

Numbers 5:6-7

### Confession: **Exposing sin** to keep fellowship with God & Others

*"Confess your sins to each other and pray for each other so that you may be healed."*

James 5:16

*"...dress yourselves in humility as you relate to one another, for "God opposes the proud but gives grace to the humble."*

1 Peter 5:5

## QUESTIONS:

Was confession or saying "I'm sorry" something you grew up with?

Why is it so important for us to hear others say they are sorry?

Why does it seem to be very difficult to confess our sins to each other?

Describe an experience with Confession, Reconciliation, Restitution

What is the Holy Spirit asking you to do in response?